

Bradley WIGGINS	Cols and stage wins	Actual Power	watts/kg	Standard Power	Time	Stage Cols
2009 Giro d'Italia (74 kg) 71st-29 years old Team Garmin-Slipstream	San Martino di Castrozza. First great mountain performance, with drafting	432	5,84	418	00:27:04	2
	Alpe di Siusi	411	5,55	395	00:28:26	2
	Monte Petrano	X				3
	Blockhaus	X				1
	Vesuve	X				1
2009 Tour de France (72 kg) 4th-29 years old	Arcalis	423	5,88	423	00:25:21	2
	Verbier. 1 min 6 sec only from Contador and ahead of Lance Armstrong	467	6,49	460	00:22:01	2
	Petit Saint Bernard. Measured on part of col: 10.25 km at 5.94%	435	6,04	431	00:23:41	2
	Colombière	410	5,69	403	00:24:08	5
	Ventoux. Rides with the best. Measured up to Reynard Chalet.	421	5,85	413	00:50:25	1
	Average	431	6	426	00:29:07	
2010 Tour de France 24th-30 years old Team Sky	Avoriaz	390	5,49	387	00:28:47	2
2011 Dauphiné (72 kg) 1st-31 years old	Collet d'Allevard. Performance athlétique de haut niveau	449	6,32	442	00:32:59	4
	La Toussuire	X				2
2011 Vuelta a España (72 kg) 3rd-31 years old	Covatilla	411	5,71	402	00:27:47	2
	Farrapona	437	6,07	427	00:20:34	3
	Angliru. In trouble, left behind by Cobo and Froome	408	5,67	398	00:44:55	2
	Pena Cabarga. Gives up time to Froome and Cobo	461	6,4	450	00:17:54	2
	Average. Pena Cabarga not included because -20'	419	5,8	409	00:31:05	
2012 Dauphiné 1st-32 years old	Joux Plane. Impressive team effort by Sky Uses Osymetric chain ring, good for extra watts?	418	5,81	415	00:35:36	3
2012 Tour de France 1st-32 years old	Planche des Belles Filles. Gives up seconds to C. Froome	469	6,61	466	00:16:25	1
	Grand Colombier	391	5,51	388	00:49:49	2
	La Toussuire. Gets the job done, but Froome is stronger	402	5,66	400	00:45:02	4
	Western Peyresoude. With Froome and Nibali	420	5,92	417	00:24:40	4
	Eastern Peyresoude. Is only challenged by his teammate, Froome	431	6,07	429	00:26:45	3
	Average. Colombier not included as too far from finish	418	5,9	415	00:32:09	

BEST PERFORMANCE: 2009 Verbier 22 min 01 s at 460 watts standard
BEST TOUR DE FRANCE: 2009, 414 watts standard

Suspect Miraculous Mutant

► Bradley Wiggins is a track cycling pursuit specialist at the beginning of his career. He focuses on road racing beginning in 2009. Wiggins finishes the mountain stages of his first two Tours de France ('06 and '07) in the sprinters' «gruppetto».

► At 29, the track specialist becomes a complete rider. His first notable mountain performances happen on the 2009 Giro d'Italia.

► He surprises everyone on the 2009 Tour de France with a 4th place finish and, especially, 426 watts of average power.

► After a disappointing 2010 season, he comes back to life with a win at the 2011 Dauphiné. Still, a fall forces him to withdraw from the Tour de France.

► He wins the 2012 Tour de France ahead of his teammate Froome, while exerting less lower power than in 2009.

« The Real Story »

Bradley Wiggins

While Bradley is still a baby, his father, a professional cyclist in Belgium, but also a user and dealer of amphetamines, hides his drugs in Bradley's diapers on the way back from Australia. Wiggins' road career nearly started in 2001 with the McCartney Racing Team. According to Matt DeCanio, one of Wiggins' short-lived teammates, the team hired "riders who could take care of their own doping". The team was disbanded in January 2001. Wiggins starts off on French teams. When he is not drinking, he is training hard, but staying away from doping. When Cofidis pulls out of the 2007 Tour de France after Christian Moreni tests positive, Wiggins rails against the "idiot" for his "stupid" behavior. He considers quitting cycling but ultimately continues so as to "prove that there can be clean winners in this sport.". He tells everyone who will listen.

He leaves Cofidis and joins Team High Road. The latter is being built on the wreckage of T-Mobile, which had been sullied by doping scandals, but now takes a strong antidoping stance and institutes an internal testing program. A year later, Wiggins joins Jonathan Vaughters' Garmin-Slipstream, another "100% pure" team. After his 4th place finish on the Tour, and to dispel suspicions, he publishes his biological passport data. By joining Sky, he falls out with the antidoping apostle, newly-reformed David Millar. David Brailsford's Sky team boasts a strict antidoping stance and a singular policy: the medical staff is recruited entirely from outside the world of cycling. In 2012, two well-known doctors show up on the Sky payroll: Geert Leinders, who is suspected to have supervised doping at Rabobank and Fabio Bartalucci whose name was tied to the Giro "Blitz" of 2001. Both doctors are let go at the end of the year following

media pressure. In the management team, three former riders with questionable pasts can also be found: Bobby Julich, Steven de Jongh, and Sean Yates, a former Armstrong teammate and former manager of the aforementioned McCartney Racing Team, then Discovery Channel, Astana, and Radioshack. In October 2012, the first two admit having doped during their career and step down. Sean Yates leaves at the same time for "personal reasons". In 2010, at Wiggins' request, Sky refuses to allow Paul Kimmage, former rider and now journalist, to follow the team. The Briton no longer publishes his biological passport data. The 2012 Bradley Wiggins rails against those who compare the Sky team's performances to those of Lance Armstrong's US Postal team: "they're fucking wankers". Nevertheless, the suspicion is more than warranted given his 466 watts, a personal best, on the climb to the Planche des belles filles.

« The Legend »

► Born April 28, 1980, in Ghent, Belgium. Father was professional cyclist in Belgium.

► Starts out in track cycling at age 12. Six years later, becomes pursuit junior world champion.

► At the Sydney Olympics in 2000, wins bronze in team pursuit and falls short of a medal in the Madison.

► Turns pro in 2001, joining the Linda McCartney team. The experience is cut short when team is disbanded in January. Returns to amateur status. Tries road racing with some success, winning the Flèche du Sud. In June, becomes pursuit world champion in the under-23 category.

► Makes pro debut with Française des Jeux



team in 2002. Misses out on a victory by a hair at the Tour de l'Avenir time trial. On track, continues to collect medals at the Commonwealth Games and a bronze at the World Team Championships.

► In 2003, participates in first major Tour, the Giro, but quits a few days from the finish after arriving hors délai. On track, becomes individual pursuit world champion and silver medalist in team pursuit. Records his first road win at the Tour de l'Avenir 10.7 km time trial.

► Joins Crédit Agricole in 2004, where he is counseled by Chris Boardman. At the Athens Olympics, breaks world record in individual pursuit during qualifications and ultimately takes the gold.



► Moves to Cofidis in 2006. Participates in first Tour de France. Finishes near the bottom.

► Back on track in early 2007, becomes world champion in individual and team pursuit. On road, specializes in prologues, winning the Critérium du Dauphiné's prologue and short time trial (9km) at the Quatre Jours de Dunkerque. Is favored in the Tour de France prologue, in London, but finishes 4th. Places fourth during the long time trial at Albi (54 km).

► Moves to High Road in 2008. Starts season with three world track titles: individual and team pursuit and then Madison, teaming up with Mark Cavendish. At the Beijing Games, takes the gold in individual and team pursuit, twice breaking the world record with his teammates.

► In 2009, refocuses on road racing with team Garmin. Wins time trial at the Trois jours de La Panne and team time trial at the Tour du Qatar. On the Giro, shows up 5 kg thinner and demonstrates significant improvement in the mountains without having lost any of his rouleur qualities. Finishes 71st overall. On the Tour de France, confirms his improvements in the mountains, holding his own against the favorites. Finishes 4th in Paris. Finishes the season by becoming UK time trial champion and winning Herald Sun Tour.

► In 2010, joins Sky. Signs for four years with one goal only: the Tour de France. Takes the Giro's pink jersey after the prologue. Loses it in a subsequent fall. Finishes Giro a disappointing 40th. Is equally uninspired in Tour de France. UK time trial is only win of the second half of the season.

► In 2011, finishes third in the Paris-Nice. Then wins the Critérium du Dauphiné. Having just become UK road champion, is among favorites for Tour de France. But breaks clavicle during the 7th stage. Places his hopes on the Vuelta a España, during which he rivals the mountain specialists. Snatches leader's red jersey for four days before having to give it up to Juan José Cobo in the crucial Angliru stage. Finishes third in Madrid. Closes out the season by finishing runner-up at the world time trial.

► Starts out strong in 2012: 3rd in the Tour of Algarve, winner of the Paris-Nice, winner of the Tour de Romandie, winner of the Critérium du Dauphiné. Odds-on favorite for the Tour de France, outclasses everyone with Sky team, especially Chris Froome. Is the first Briton to win the Tour. Success follows him to London Games, where he wins the time trial. It is his seventh Olympic medal. Named athlete of the year by the BBC.

TOUR PRIZES:

► Tour de France : 6 appearances, 1st (2012), 3rd (2009), 24th (2010), 123rd (2006), 2 withdrawals (2007, 2011)
► Vuelta a España: 1 appearance, 3rd (2011)
► Giro d'Italia: 5 appearances, 40th (2010), 71st (2009), 123rd (2005), 134th (2008), 1 elimination (2003)

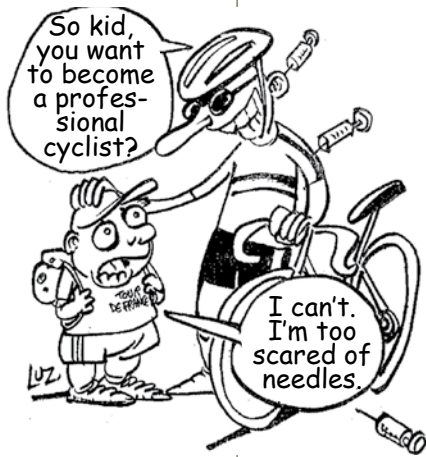
THE COLOR'S BACK.

par Antoine Vayer

But it's mostly feverish yellow.



The Tour has gotten its color back. Starting with green. The jersey color of a rider named Sagan, better known as "The Hulk". He imitates his favorite super-hero after each victory (three and counting). The Slovak's build and power are dead ringers for Bruce Banner's alter ego. 2 minutes and 20 seconds at 493 watts on the climb to Seraing with a finish and full flex of his overgrown delts at 1236 watts! Unbelievable! A shade darker, "Europcar green": Voeckler and Rolland led successful breakaways in the Alps, after a "refreshing" day off. Awesome! The former made all of France weep because he couldn't ride for eight days and was "doubtful". At 33, he's back to his 2011 form, which allowed him to increase his potential more than 8% on average on col climbs. On the Grand Colombier (17.3 km at 7.18% in 50 minutes and 25 seconds), all he needed to do was to ramp up for 12 minutes and 30 seconds to 408 watts standard and leave the breakaway behind like a bunch of rookies. Meanwhile, the latter, under antibiotics after a fall and then victorious at La Toussuire, burned 7500 kcal in one day, the nutritional equivalent of 77 bananas. Like his accomplice, he finished the stage in remarkably fine form. Then we move on to black, which you get when you mix eight riders, each with a rider's length lead on the next, so as to take the combined lead: the Sky team. Totally awesome! Porte, the pitch-perfect teammate, controlled all the breakaways, like on the col de Richemont, exerting 425 watts of power for 15 minutes and 10 seconds. Rogers annihilated Evans' attack with 420 watts over 11 minutes on the col du Glandon. Froome then beat Sastre's record time for the La Toussuire climb in 45 minutes. It had held since 2006, the "year of Landis". He beat it by only 6 seconds, with 412 watts over the final



11 minutes. He had to wait for his leader, Wiggins, after nearly five hours of racing and four cols.

"Bollocks"

Now it's red. That's what the sharpest experts and the riders are all seeing. "Off the record" as they say, it's just "bollocks". One is never clearer in expressing what one thinks about a painting than when one is a painter himself. In an effort to unlock the Brits' secret, Kashechkin, tried the same "ovoid" chainring used by Sky and Millar. But his mechanic installed it backwards. He ended up losing 10% of his power. Rotten luck for the veteran, once banned for blood transfusions, who tried and failed to make the switch from biomedical to biomechanical. Millar, dressed in blue, the ex-doper turned preacher, pulled it off though, with his ovoid chainring properly installed. Everything came up roses for him at Annonay, finishing ahead of Peraud's white AG2R who couldn't muster more than 380 watts in the col. That same white-as-the-driven-snow, color normally reserved for the top youngster, would have suited the Frenchman Pinot quite nicely as he tailed Sky's black jerseys. The color which dominated the Alps was angry red, crushing leader yellow, and reform blue. La Grande Boucle is going to get very dark indeed if this keeps up in the Pyrenees. Color is not the actual trait of a given object. Color is the result, at the cerebral level, of the interaction between the aura of the Tour, the Tour as the object, and the Tour fan. It requires using every bit of the visual system, all the way to the brain. If one decides to stay willfully ignorant in the face of all these numbers, then one is simply doing the bidding of the masters of doping. Yellow fever continues unabated.

1-07-2012 Le Monde

« What he said... »

- **2007** After Christian Moreni tested positive: "It is completely gutting to have to quit the Tour, but everyone knows where I stand on doping. It's pure stupidity on the part of Moreni." (metro.co.uk, 26/07/2007)
- **2010** Regarding Lance Armstrong: "I love him. I think he's great. He's transformed the sport in so many ways. Every person in cycling has benefitted from Lance Armstrong, perhaps not financially but in some sense. Even his strongest critics have benefitted from him. I don't think this sport will ever realise what he's brought it or how big he's made it." (guardian.co.uk, 25/07/2010)
- **2012** After Lance Armstrong's ban: "Lance Armstrong is like Santa Claus: when you get older, you realize Santa Claus doesn't exist." (lequipe.fr, 24/10/2012)
- « Kimmage is too frustrated and angry about Armstrong. It ate him alive." (stickybottle.com, 16/01/2013)
- **2013** "In 10 years time we'll probably look back and say 'Sky paved the way'". (cyclingnews.com, 25/01/2013)

...What they said »

- **2011** David Millar: "I'd be very surprised if he wins the Tour de France." (Cited by L'Equipe Magazine, 30/06/2012)
- **2012** David Millar: "Today, he amazes me. He's a totally different rider. Don't underestimate him. In 2009, he could do as he pleased. He didn't worry about anyone but himself. Now he knows what he has to do." (L'Equipe Magazine, 30/06/2012)
- **Cyrille Guimard**: A pursuit rider who can go 60 km/h on track can ride that fast on the road. There's nothing suspicious about that. [...] What matters in the mountains is the weight/power ratio." (L'Equipe, 14/07/2012)
- **Paul Kimmage**: "When asked about doping, the answers from Wiggins now sound the same as with Armstrong and Floyd." "I don't recognise the Wiggins now, compared to the guy I interviewed in 2007 to when he was sent out of the Tour," he said. "I can't compare these two guys as their responses are completely the opposite. I don't understand what has happened" (velonation.com, 11/07/2012)
- **Philippe Gaumont**, former rider (doped): "When I hear him say: 'We show the way. At Sky, we eat better. We train better.' Well, I just hope you don't get caught." (lavoixdunord.fr, 29/10/2012)
- **Pat McQuaid**: "The sport will move on." "Look at Wiggins this year. I think the sport is in a very good position" (cyclingnews.com, 31/12/2012)
- **2013** Eric Boyer (without mentioning Wiggins): "The human body cannot sustain a body fat count lower than 6% for very long. I worked with lots and lots of athletes, lots and lots of riders and I saw some who later, changed. [...] When I hear rider interviews and they're saying: 'listen, I lost 6, 7, even more kilos, it's true, when I hear that, I tell myself, that's impossible. It's not humanly possible to go below [5 or 6% body fat]. Otherwise, you'd have to not eat for 4 or 5 days. But when you don't eat for 4 or 5 days, you don't get on a bike.'" (Stade 2, 06/01/2013)

THE MEDIA

- "King of the road: Bradley Wiggins pedals to pinnacle of British sport" –www.telegraph.co.uk 01-08-2012
- "Wiggins: I'm undefeated because of all the thought we've put in" –www.guardian.co.uk 31-07-2012
- "His Excellency Bradley Wiggins." – 2007 Official Program, Special Edition n° 15, June
- "Bradley Wiggins' inevitable victory." – Le Monde, 24.07.2012
- "I'm convinced I can shine on the Tour" (interview by Eric Mendes). – Le Sport vélo, 2012, n° 11, January

« My opinion on my performance »

De : Media - Team Sky
Envoyé : jeudi 18 avril 2013 20:47
Objet : From Team Sky re Bradley Wiggins & Chris Froome

Antoine,

Both Chris and Bradley have received your email and each has considered their response.

They have been asked many times before about their stance on doping and their approach to performance. It's all already firmly on the record; neither has used banned substances or illegal practices.

Team Sky's approach to conditioning and coaching is also well documented. We know exactly how our riders prepare and perform and the true science behind this. And we have our own accurate data that we can rely on to support this.

Given the sport's past, everyone understands why questions are asked and performances constantly debated. It's understandable but a real shame when good clean riders, that should be admired, are doubted routinely. Quite simply, we've had a clear anti-doping stance from the start, are a clean team and our riders have shown that you can win clean.

Team Sky

